



## **ENDOMETRIAL BIOPSY**

The endometrial biopsy is a test to study the lining (endometrium) of your uterus. It is done to help find the cause of: heavy periods, irregular periods, fertility problems and bleeding after menopause. In infertility, the biopsy will show if ovulation has occurred, if the hormone progesterone is being produced and if the endometrium is responding normally.

The endometrial biopsy is done in the office a few days before your period is due to start. A speculum is placed in the vagina and a thin tube is passed through your cervix into the uterus. You may experience menstrual like cramps. A tiny sample of the lining is taken and sent to the lab to be analyzed. A blood test will be done to measure the Progesterone. It will rise if ovulation has occurred.

1. The **DAY BEFORE** the biopsy start taking the antibiotic Doxycycline. Take one tablet every twelve hours (2 times a day) by mouth for three days.
2. The **night before** the biopsy put 1 CRYPTOTEC TABLET in the vagina, at bedtime. You may experience mild cramping and spotting. This is normal. **DO NOT CANCEL THE TEST.**
3. One hour before the biopsy take two Advil tablets or your usual pain killer.
4. A blood test for Progesterone will be done the same day.
5. Do not place anything into the vagina and do not have sexual intercourse for 24 hours after the biopsy.
6. You will be able to carry on with your usual activities after the biopsy. You may have some spotting. The biopsy results will be discussed by your doctor at the follow up appointment.

There is a **\$30.00** charge for the disposable kit used to do the biopsy.