



# Rouge Valley

## Fertility Centre

### **SONOHYSTEROGRAPHY PATIENT INFORMATION**

This is an ultrasound examination that provides considerable information about your uterus in particular and also your fallopian tubes, without x-rays or an anaesthetic. It is done shortly after the end of your period. A preliminary ultrasound of your uterus will be arranged before this test.

1. You will be required to take Doxycycline (100mg) one tablet every 12 hours for three days, starting the day before the test.
2. Please take Advil or your usual pain-killer medication 60 minutes before the test.
3. Your bladder should be emptied immediately before the test.

#### **INDICATIONS:**

Infertility  
Recurrent miscarriages  
Suspected uterine abnormalities  
Abnormal vaginal bleeding

#### **PROCEDURE:**

A speculum is placed in the vagina and the cervix is cleaned with an iodine solution. A thin catheter is then introduced through the cervix into the uterus. A salt water solution is inserted through the catheter to distend the walls of the uterus. This allows us to see the inside of the uterus in detail and the fallopian tubes. The procedure takes about 10 to 15 minutes to complete.

#### **SIDE EFFECTS:**

Cramping  
Bleeding or Spotting  
(These should be short lived. If not, please inform the clinic).

#### **AFTER THE TEST:**

You should remain in the clinic for 15 minutes to relax and then you can resume your normal activities. You should not have intercourse for 24 hours after the procedure. Please make sure that you have a follow-up appointment booked before you leave the office. You may use ADVIL or your usual pain-killer 4 hours after the procedure if the cramping is still significant.

**If you have any questions or comment, please feel free to consult the physician or our staff.**